Pharmacy Consultation Checklist



- Use of this checklist is optional.
- It covers the key considerations when determining suitability of Ultravana® Period Pain Relief 250 mg gastro-resistant tablets (naproxen) for women who request it.

Who is Ultravana® suitable for?

Ultravana Period Pain Relief 250 mg gastro-resistant tablets contain naproxen, which is a non-steroidal anti-inflammatory medication. It is indicated for the treatment of primary dysmenorrhoea (painful periods) in women aged 15-50 years.



Is the patient aged between 15 to 50 years? Yes

Ultravana is indicated for women aged 15-50 years, please refer to doctor for further advice

Does the patient have any symptoms that require further investigation?

Refer to doctor if the patient has any of the symptoms listed below

- Periods have become more painful, heavy or irregular
- Pain on urinating, passing stools or increased urgency or frequency
- Chronic pelvic pain occurring before menstruation
- Heavy menstrual bleeding or bleeding between periods
- Pain during intercourse or bleeding after intercourse
- Rectal pain or bleeding
- Lower abdominal pain/ tenderness often accompanied by heavy menstrual bleeding

- Pelvic mass/pain
- Abnormal vaginal bleeding and discharge
- Fever, if there is acute infection
- Abdominal distension
- Loss of appetite/early satiety
- Abnormal postmenopausal bleeding
- Dyspepsia and nausea
- Pain after IUD insertion 3-6 months earlier.

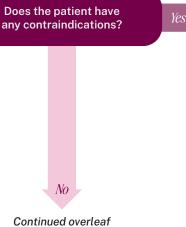
Does the patient have

No

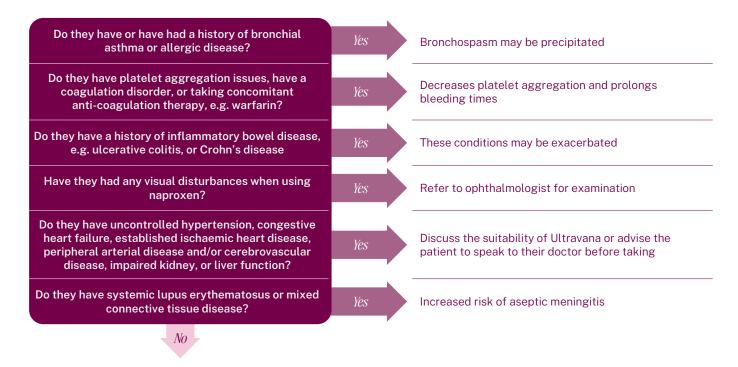
Do not recommend Ultravana or other NSAIDs if the patient has any of the below contraindications

- Active or history of peptic ulceration
- Active GI bleeding (> 2 episodes of proven ulceration or bleeding)
- History of GI bleeding or perforation, related to previous **NSAID** therapy
- Severe renal or hepatic failure
- Severe heart failure
- Last trimester of pregnancy
- Hypersensitivity to naproxen or the other tablet excipients
- Aspirin or NSAID sensitivity.*

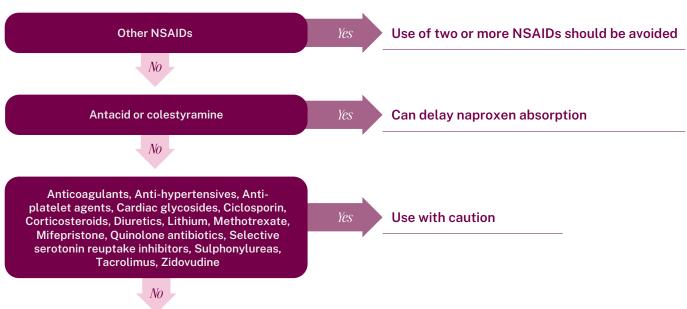
*Since the potential exists for cross-sensitivity reactions, Ultravana should not be given to patients in whom aspirin or other NSAIDs/analgesic drugs induce asthma, rhinitis, nasal polyps or urticaria. Severe, fatal anaphylactic-like reactions to naproxen have been reported in such patients.



Are there other issues that warrant caution?



Is the patient taking any other medicines that may interact with Ultravana?



Ultravana® can be recommended for primary dysmenorrhoea





Scan this QR code to access the full suite of Ultravana® pharmacy training materials and essential information.