

Pharmacy Consultation Checklist



- Use of this checklist is optional.
- It covers the key considerations when determining suitability of Evana Heavy Period Relief 500 mg tablets (tranexamic acid) for women who request it.

Who is Evana[®] suitable for?

Evana Heavy Period Relief 500 mg tablets are an anti-fibrinolytic medicine indicated for the treatment of heavy menstrual bleeding (HMB) in women aged 18–45 years. Each tablet contains 500 mg of tranexamic acid.



Is the patient aged under 18 years?

Yes

Evana is indicated for women aged 18–45 years, please refer to doctor for further advice

No

Does the patient have a regular menstrual cycle, i.e. their cycle is a 21–35 days menstrual cycle with no more than 3 days variability in cycle duration?

No

Irregular menstrual bleeding should be referred to doctor for investigation into the underlying cause

Yes

Continued overleaf

Does the patient have any symptoms that require further investigation?

Yes

Refer to doctor if the patient has any of the symptoms listed below

- Severe period pain
- Bleeding between periods or after sex
- Pain during intercourse, micturition or passing stools
- Over 55 years of age and experiencing post-menopausal bleeding
- Pelvic mass with unexplained bleeding or weight loss
- Ascites (abnormal fluid collection in the abdomen) and/or pelvic/abdominal mass
- Iron deficiency anaemia unresponsive to iron supplementation
- Heavy menstrual bleeding that is unresponsive to over-the-counter treatments.

No

Does the patient have any contraindications to using Evana?

Yes

Do not recommend Evana if the patient has any of the below contraindications

- Taking oral contraceptives
- Taking warfarin or other anticoagulants
- Mild-to-moderate renal insufficiency or severe renal impairment
- Active thromboembolic disease, or a previous thromboembolic event and a family history of thrombophilia
- Blood in the urine (haematuria)
- Fibrinolytic conditions following disseminated intravascular coagulation
- History of convulsions
- Hypersensitivity to tranexamic acid or the other tablet excipients
- Pregnancy.

No

Does the patient have any other considerations that warrant further discussion or referral?

Yes

Discuss the suitability of Evana or advise the patient to speak to their doctor before taking Evana if any of the following apply

- Over 45 years of age
- Obese (Body Mass Index (BMI) of 30 or above)
- Diabetic
- Have polycystic ovary syndrome
- History of endometrial cancer in a first-degree relative (e.g., mother, grandmother, aunt, or sister)
- Breastfeeding
- Taking unopposed oestrogen or tamoxifen
- Taking fibrinolytics e.g., streptokinase.

No

Evana[®] can be recommended for heavy menstrual bleeding



Scan this QR code to access the full suite of Evana[®] pharmacy training materials and essential information.



For more information and details on how to order visit evanaperiods.com/hcp